

# Evacuation Checklist and Guidance

## 1. Essential Items to Pack (for 3-7 Days)

- Passport and/or ID cards, along with copies (physical and digital).
- Medical records and personal medication.
- First aid kit, flashlight, and portable power bank.
- Non-perishable food and water bottles with purification tools.
- Weather-appropriate clothing and sturdy shoes.
- Local currency and Euros, basic toiletries, feminine hygiene products.

## 2. Communication Points

Pre-departure: Inform a trusted contact about your route and share your travel plan. Agree on regular communication updates.

During the journey: Use communication apps (WhatsApp, Signal) over Wi-Fi when possible. Keep a list of emergency numbers, including local authorities and border assistance services.

## 3. Recommended Border Crossings

- Poland (toward Berlin): Medyka, Korczowa (busy but reliable).
- Hungary (toward Budapest): Chop-Zahony, Luzhanka-Beregsurany.
- Alternative routes: Slovakia (Ubla) or Romania (Siret) if other borders are crowded.

## 4. Transportation Options

- By Train: Ukrainian Railways offers evacuation trains to borders.
- By Bus: Services like FlixBus operate from border towns to European capitals.
- By Car: Ensure fuel reserves and use GPS or offline maps. Check road conditions.

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### **5. Additional Tips**

- Stay updated through local authorities, UNHCR, or embassy announcements.
- Travel in groups for safety and mutual assistance.
- Prioritize vulnerable individuals (children, elderly) in your group.